FALL WEBINAR SERIES 2018

How Carle Illinois Prepares You for Step 1

with
William Pluta, PhD
Rob Wallon, MS
Jaya Yodh, PhD
AGENDA

Context of Step 1

Step 1 Preparation at Carle Illinois

Questions and Answers
CONTEXT OF STEP 1
STANDARDIZED EXAMS

MCAT → Step 1 → Step 2 CK and CS → Step 3
96% of first time Step 1 test takers PASSED in 2017

Data from https://www.usmle.org/performance-data/default.aspx#2017_step-1
USMLE Step 1 Scores of U.S. Allopathic Seniors by Preferred Specialty and Match Status

Source: NRMP Data Warehouse
## ALIGNED CURRICULUM

<table>
<thead>
<tr>
<th>Infectious, immunologic, inflammatory disorders of lower airways</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>HAP</td>
<td>X</td>
</tr>
<tr>
<td>VAP</td>
<td>X</td>
</tr>
<tr>
<td>CAP</td>
<td>X</td>
</tr>
<tr>
<td>Bronchiolitis obliterans (new terminology)</td>
<td>X</td>
</tr>
<tr>
<td>BOOP</td>
<td>X</td>
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<tr>
<td>Anthrax</td>
<td>X</td>
</tr>
<tr>
<td>Aspiration px</td>
<td>X</td>
</tr>
<tr>
<td>Acute bronchitis</td>
<td>X</td>
</tr>
<tr>
<td>Bronchopneumonia</td>
<td>X</td>
</tr>
<tr>
<td>All types of non-viral pneumonia</td>
<td>X</td>
</tr>
<tr>
<td>Viral infections</td>
<td>GAP</td>
</tr>
<tr>
<td>Fungal infections</td>
<td></td>
</tr>
<tr>
<td>Pulmonary TB</td>
<td>X</td>
</tr>
<tr>
<td><strong>Neoplasms</strong></td>
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PROGRESS EXAMS

Customized assessments from NBME

Use retired Step 1 questions

Provide performance profiles

Screenshot from https://www.nbme.org/PDF/CAS/CAS-Student-Profile.pdf
WEEKLY ASSESSMENTS

Based on course learning objectives each week

Various formats including two-phase assessments and online assessments

Performance feedback on weekly basis
SELF-ASSESSMENT

Screenshots from http://firecracker.lww.com/students/how-it-works.html
QUESTION BANK

Screenshots from https://www.uworld.com/step1/step1_home.aspx
LIBRARY RESOURCES

Core and Classic Texts
Library Help & Services
Tools for Learning

Fee-based Question Banks
- Kaplan
- NBME Self-Assessments
- UWorld
- USMLE Consult Step 1

Recommended Books for USMLE Review

USMLE Step 1 Secrets in Color by Thomas A. Brown, Sonali J. Bracken
Call Number: 610.76 Us5 Engineering Reserves
ISBN: 9780323396790
Publication Date: 2016-12-12

USMLE Step 1 Secrets by Thomas A. Brown, Sonali J. Bracken
Call Number: eBook - ClinicalKey
ISBN: 9780323305144
Publication Date: 2012-08-23

USMLE Step 2 Secrets by Theodore X. O'Connell
Call Number: eBook - ClinicalKey
ISBN: 9780323225021
Publication Date: 2013-11-28

Free USMLE Study Tools
- Lecturio
  Free account provides access to 1,000 video lectures and 2,000 recall questions.
- List of Free Resources for Step 1
  Compiled by Dr. Ben White, a Radiologist in Texas.

Screenshot from http://guides.library.illinois.edu/medstudents/boards
ACADEMIC SKILLS SPECIALIST

Individual Consultations

Workshops

Resource summaries

Peer tutoring program
PHASE 1 SYNTHESIS + SUMMARY

COURSE DESCRIPTION

4-week course at end of pre-clerkship phase for Phase 1 Curriculum Review and Preparation for USMLE Step 1 Exam
## PHASE 1 SYNTHESIS + SUMMARY

<table>
<thead>
<tr>
<th>Course Elements</th>
<th>Methods</th>
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<tr>
<td>Determine Student Readiness</td>
<td>Student Progress Portfolios</td>
</tr>
<tr>
<td>Provide Supplemental Content</td>
<td>Address curricular gaps &amp; weak areas</td>
</tr>
<tr>
<td>Test Simulation</td>
<td>Formal USMLE-style proctored exams</td>
</tr>
<tr>
<td>Coaching</td>
<td>Use Q-Bank to follow student progress and provide targeted feedback</td>
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<tr>
<td>Wellness</td>
<td>Regularly scheduled student wellness assessment and activities</td>
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QUESTIONS?